
bbc again - does brain training work

Posted by B1B*Stella - 2009/09/07 13:35

Hi

An interesting link from the dear old beeb about the efficacy of brain training. This is not the same as brain friendly learning but I always find it interesting to read about the brain.

<http://news.bbc.co.uk/1/hi/uk/8237945.stm>

I like the fact it talks about the importance of a control group in experimental studies and the dangers of research that sounds scientific but isn't very rigorous.

We had to do statistics for 3 years as part of our psychology degree which was horribly boring but has at least left me with the skills to be able to recognise dodgy research.

warm regards,
STella COLLins

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